



Writing
helps
everyone
learn
and
memorise
new
concepts.

Better Learning: Write!

Writing what your teacher says is the easiest way to learn a language. Keep a notebook and record explanations, phrases, new expressions, difficult sentences—anything you find interesting.

Writing improves your focus. When we take notes in class we don't have time to look out the window and lessons instantly become more effective. We need to be listening to record what the teacher explains. We must summarise and search for the right words. Decide on spelling. Concentrate on what's important and discard the rest. All these activities are critical in language learning.

You will have a record of what you learn. If you can't remember a phrase go back to your notepad. What was that word the teacher mentioned that could fit this email perfectly? Look through your notes to find it.

Muscle memory. Good memory is not only about remembering what someone said. It's also about repeating movements. Writing is one of the most effective ways to fix things in your mind.

Writing improves your writing! It's like jogging; the more you do it the longer you can run. It will make you think about the language and improve your vocabulary, your grammar and your fluency. Even simply copying sentences from the whiteboard will give you models to use when you need to put your own ideas on paper.

Andrew's advice: If you don't have a notebook buy it today and bring it to class.

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